





THE BRUTALIST KITCHEN MANIFESTO

- Brutalist kitchen is a dogma kitchen where certain rules apply.
- Brutalist kitchen is titled in reference to Brutalist architecture, renowned for its linear and blockish appearance.
- The main rule is the following: ingredients are used alone for a certain dish; only water and salt may be added.
- In Orthodox Brutalist Cuisine, neither water (nor salt) is added. Generally speaking, the Brutalist Kitchen is less about recipes and more about finding and preparing ingredients.
- We are born as Brutalist eaters, as mother's milk is essentially Brutalist.
- One ingredient is often divided and cooked in different ways and then added again on the same plate.
- The use of overlooked, hard-to-get or rare ingredients, or ingredients that are generally discarded, is characteristic of Brutalist kitchen.
- Brutalist Cuisine is not about lack of sophistication, but lack of combination of different ingredients and a commitment to purity.
- Elaborate cooking techniques are allowed, as is raw or quickly heated food.
- Decoration on the plate is avoided.
- Different ingredients are not permitted on the same plate, they have to be presented as different units. The different dishes may be served at the same time.
- The eater may combine the tastes of different ingredients while eating. Instead of a chef imposing what should go together and which amount for a given serving, the eater takes these decisions.
- Portions tend to be of substantial size.

Menus

Price per person and served to the whole table.

Brutal 1050	Total Brutal 1550
	<i>Cabbage^{SB}</i> <i>Yellow Pea^{SB}</i>
<i>Cabbage^{SB}</i> <i>Yellow Pea^{SB}</i>	<i>Mackerel^B</i> <i>Norwegian Shrimp^B</i>
<i>Mackerel^B</i>	<i>SRB Dairy Cow^B</i> <i>Sourdough Bread^{SB}</i>
<i>SRB Dairy Cow^B</i> <i>Sourdough Bread^{SB}</i>	<i>Tomato^B</i>
<i>Chanterelles^{SB}</i>	<i>Monkfish^{SB}</i>
<i>Monkfish^{SB}</i> <i>Alliums^{SB}</i>	<i>Chanterelles^{SB}</i>
<i>Blackcurrant^{SB}</i>	<i>Mangalitsa^B</i> <i>Alliums^{SB}</i>
	<i>Blackcurrant^{SB}</i>
	<i>Egg^{SB}</i>
Beverage Pairing 850 Non-alcoholic Pairing 400	Beverage Pairing 1250 Non-alcoholic Pairing 500

Can be changed to accommodate allergies

At Brutalisten we serve food based on Carsten Höller's Brutalist Kitchen Manifesto. For that reason every dish has one of three markings:

^{OB} **Orthodox Brutalist** only one ingredient

^B **Brutalist** one ingredient, salt and water

^{SB} **Semi-Brutalist** a couple of ingredients