



THE BRUTALIST KITCHEN MANIFESTO

- Brutalist kitchen is a dogma kitchen where certain rules apply.
- Brutalist kitchen is titled in reference to Brutalist architecture, renowned for its linear and blockish appearance.
- The main rule is the following: ingredients are used alone for a certain dish; only water and salt may be added.
- In Orthodox Brutalist Cuisine, neither water (nor salt) is added. Generally speaking, the Brutalist Kitchen is less about recipes and more about finding and preparing ingredients.
- We are born as Brutalist eaters, as mother's milk is essentially Brutalist.
- One ingredient is often divided and cooked in different ways and then added again on the same plate.
- The use of overlooked, hard-to-get or rare ingredients, or ingredients that are generally discarded, is characteristic of Brutalist kitchen.
- Brutalist Cuisine is not about lack of sophistication, but lack of combination of different ingredients and a commitment to purity.
- Elaborate cooking techniques are allowed, as is raw or quickly heated food.
- Decoration on the plate is avoided.
- Different ingredients are not permitted on the same plate, they have to be presented as different units. The different dishes may be served at the same time.
- The eater may combine the tastes of different ingredients while eating. Instead of a chef imposing what should go together and which amount for a given serving, the eater takes these decisions.
- Portions tend to be of substantial size.

Menu

Based on Swedish chef Tore Wretman's Seven 'Julbord' trips.
Price per person and served to the whole table.
Can be customized to accommodate allergies.

Brutal Christmas

First trip: Herring^{NB}

Herring & its condiments

Second trip: Fish^{SB}

*Cured and smoked sturgeon with aromas of Juniper
add Sturia Caviar: 15g +300 SEK or 30g +600 SEK*

Third trip: Cold cuts^B

*SRB Dairy cow
Sourdough Bread*

Fourth trip: Warm Serving^B

*Roasted and confit duck
Grilled cabbage*

Fifth trip: Cheese^{SB}

*Baked pine bark-wrapped Cheese
Plum*

Sixth trip: Dessert^{SB}

Flavours of the Christmas Tree

Seventh trip: Christmas Candy^{SB}

Brutal Christmas 1.400

Beverage Pairing & Coffee 1.200

Non-alcoholic Pairing & Coffee 600

Our food is based on Carsten Höller's Brutalist Kitchen Manifesto.
For that reason every dish has one of three markings:

^{OB} **Orthodox Brutalist** only one ingredient

^B **Brutalist** one ingredient, salt and water

^{SB} **Semi-Brutalist** a couple of ingredients

^{NB} **Non-Brutalist**